



## Westbury-on-Trym Archery Club - Rules of Shooting

1. Never point a loaded bow anywhere other than down the range, after you hear “Commence”.
2. Listen to and observe the commands:
  - Range Live - People are shooting; do not cross the shooting line
  - **Commence** (one short whistle blast) - You may begin shooting (implies “Range Live”)
  - Range Clear - Everybody has finished shooting; it is safe to cross the shooting line
  - **Collect** (two short whistle blasts) - You may cross the shooting line and collect your arrows
  - **Stop** or **Fast** (continuous whistle blast) - Everyone must immediately stop shooting. If you are drawing your bow, you must ‘come down’ and remove the arrow.
  - **Come Down** - When you have an arrow loaded and drawn, you should point the bow slightly downwards and return to the relaxed start position. This command is directed to participants on an individual basis.
3. Only leave the “wait” line when it is your turn to shoot, and only shoot from a free position.
4. Only cross the “shoot” line when the order to “collect” has been given, and it is safe to do so.
5. When collecting arrows, only two people should be at each target at a time; please wait well back from the target for it to become clear.
6. Never run anywhere on the range, even behind the wait line.
7. An arm guard (bracer) must be worn at all times when shooting.
8. Eye protection is recommended, especially for beginners.
9. Please wear closed-toe shoes (no flip-flops!), tie back loose/long hair, and remove earrings and piercings.
10. Please inform an instructor if you have any injuries or difficulties which affect you handling a bow.
11. Do not fire the bow without an arrow (“dry firing”) as it can damage the bow and injure your arm.
12. All participants must complete a [registration form](#).
13. All participants under the age of 18 must be brought to each session by a parent or legal guardian (who can sign then into the session), and the parent or guardian must remain at the venue unless specific permission has been granted by an instructor.
14. All participants must follow these [Rules of Shooting](#) and all [Covid-19 Mitigation procedures](#) at all times. The instructors reserve the right to exclude any participant from the session at any time for unsafe behaviour, which is determined at the instructor’s sole discretion.
15. Session fees are non-refundable; however if you need to move a booking in exceptional circumstances, contact us at least 24 hours in advance and we will (at our discretion) offer to move it to another date. If you make a booking for a session and do not provide at least 24 hours notice of a cancellation, the session is forfeit.